



SUGAR LAND ICE & SPORTS REC. LEAGUE RULES **2007**

The Adult Rec. League in Sugar Land will be following USA Hockey rules and regulations with the following exceptions or clarifications. The following is a list of rules that will be followed.

Please remember above all, this league is for fun and recreation only. It is great to be competitive however when the league's survival is threatened because of a few players ruining it, those players will not be playing in this league. Please play this game with the intent it is meant for, ***FUN & RECREATION***.

- **Jerseys: All players will need to keep in their bag at all times a light and a dark jersey. These jerseys must have a number on them that is of a permanent nature. Taped on numbers will not be permitted. The numbers for both jerseys do not have to be the same as long as the scorekeeper has both numbers and they are designated on the score sheet. Players who do not have numbers will not be permitted to play until they have a permanent number. Jerseys are not supplied by the Sugar Land Ice & Sports Center but can be purchased in the pro shop.**
- **No Touch Icing:** Icing will be automatically whistled when the puck crosses the goal line. The defense does not have to touch the puck first.
- **Two Line Passes:** WE DO ALLOW 2 LINE PASSING.
- **Shoot - Outs:** The shoot-out will only be used in the event that the 5 minute overtime game is still tied. This is done only during playoffs; regular season games can end in a tie. There will be a total of 5 shooters each team and if a winner is not determined they continue. Once all players have been used they can start over. Players that are serving penalties at the time of the shoot-out are not eligible to participate in the shoot-out.
- **Substitutions:** A team may make a substitution on their roster only if there are 9 players or less. Teams must play the people on their rosters and only on their rosters however, if a substitution is necessary, only players registered in the current season may be used as a

substitute. **Players not registered will not be permitted to play and if played will result in a forfeit.** All substitutions **MUST BE MADE** prior to the game.

***IN THE EVENT THE ROSTERED PLAYERS FOR THE TEAM THAT HAS SUBSTITUE PLAYERS START TO SHOW UP, THE SUBS MUST LEAVE THE GAME IF TEAMS HAVE ENOUGH OF THEIR OWN ROSTERED PLAYERS.**

- **Fighting:** Any player/players involved in a fight will be tossed out of that game and their next scheduled game, regardless at which point the fight occurred. This is an USA Hockey rule. No financial consideration will be given for these situations. **NO EXCEPTIONS!**

For the definition of a fight, please go to Rule 613 (a - f)

***Please note that if the fight is severe enough or player has been in a fight during a previous game, the Director can assess additional games at no financial compensation to that player.**

- **Intent to Injure:** Any player/players involved in an “intent to injure” situation, will be tossed from the rest of the game and suspended for the next two (2) games. **No financial considerations will be given for these situations. NO EXCEPTIONS!** If the infraction is serious enough, ejection from the league indefinitely can be assessed with no financial considerations given.

Intent to injure can also be given if the referee feels that a player intentionally runs another player.

- **Alcohol & Drugs:** Any player playing under the influence of alcohol and/or drugs will be suspended from the league with **NO REFUNDS, NO EXCEPTIONS.**
- **5 Penalties in a Game:** Any player who receives 5 or more penalties in one game will get a game suspension for the next game. (Be advised that a 2 and 10 counts as 2 penalties.)
- **Goalies:** There will be one (1) goalie per team. Goalies may play for only one (1). It is up to each team to provide a goalie and find replacements. All substitute goalies must be used from the list provided at the beginning of the season.

These rules may not be agreed upon by everyone, but we continue to strive towards making this league a safe and enjoyable environment for all that participates.

PLEASE REMEMBER, THIS IS LEAGUE IS FOR RECREATIONAL PLAY AND IS MEANT FOR FUN AND EXCERSISE! THOSE PLAYERS THAT CANNOT PLAY IN THIS LEAGUE WITH THAT AS THEIR MOTO WILL NOT BE PLAYING IN THIS LEAGUE.